



TWILIGHT TROT

(Geelong Athletics Incorporated) A0018520G



ALL RUNNERS AND WALKERS (SERIOUS OR SOCIAL PARTICIPANTS) ARE WELCOME

COMMENCES : MONDAY 24 OCTOBER 2011

VENUE : - EASTERN PARK – BBQ ROTUNDA.

STARTING TIME : - 6.15 PM.

DISTANCE : - 1, 2 & 3 LAPS IN THE PARK AND ON THE WALK TRACK
Short course – 1635m
Long course – 2245m

Short Course – ON THE WALK TRACK AND THROUGH THE PARK.

Long Course – ON THE WALK TRACK AROUND EASTERN GARDENS.

JUNIORS UNDER 13yrs COMPETE OVER ONE LAP OF THE DESIGNATED DISTANCE.

SENIORS COMPETE OVER A MINIMUM DISTANCE OF ONE LAP AND/OR THE DESIGNATED DISTANCE.

ENTRY FEES : - \$3 per PERSON
\$2 EACH A FAMILY MEMBER.

AWARDS WILL BE PRESENTED AT THE END OF THE SERIES ON 5TH. MARCH 2012 AT A PRESENTATION/ BBQ. AWARDS WILL BE BASED ON POINTS SCORED EACH WEEK. SPOT PRIZES WILL ALSO BE GIVEN OUT EACH WEEK COURTESY OF OUR SPONSORS.

AGE WILL BE TAKEN AS AT 24 OCTOBER 2011

ENQUIRIES : - GEOFF OR MARY MCDONALD PH. 52293920
or Email : - geoff.mcd@bigpond.com



Greg McDonald CEA (REV)

Director - Sales Executive - Auctioneer
REIV Accredited

M 0418 551 435

P 03 5228 3333

E greg@mcdonaldco.com.au

mcdonaldco.com.au

187A Moorabool Street, Geelong, VIC 3220

F 03 5222 5543



**first
national**
REAL ESTATE

McDonald & Co.

PROGRAMME 2011 - 2012

24 October 2011	1 or 2 Laps - Short
31 October	1 or 2 - Long
07 November	1, 2 or 3 - Short
14 November	1, 2 or 3 - Long
21 November	1 or 2 - Short
28 November	1 or 2 - Long
05 December	1, 2 or 3 - Short
12 December	1, 2, 3 or 4 - Short
21 December	1, 2 or 3 - Long

Merry Christmas and a Happy New Year.

09 January 2012	1 or 2 - Long
16 January	1, 2 or 3 - Short
23 January	1 or 2 - Short
30 January	1 or 2 - Long
06 February	1, 2 or 3 Short
13 February	1, 2, 3 or 4 Long
20 February	1 or 2 Short
27 February	1 or 2 Long
05 March	1 lap (Long) Juniors Handicap Run. Medals presented.

2 laps, Seniors (Long) Handicap Run – Joyce Lockyer Memorial Trophy - followed by a BBQ and Presentation of awards.

CONDITIONS OF ENTRY:

1. Entrants, who are not registered athletes with Athletics Victoria must complete the Declaration Form before competing in their first "Trot".
2. All participants in the "Trot" must conform to directions by officials.
3. **All participants must be cautious of vehicles when crossing roads.**

GEELONG ATHLETICS INC. WISHES TO THANK ITS SPONSORS FOR THEIR SUPPORT: -

McDonald & Co First National Real Estate, Charles Crawford & Sons Funeral Directors; Geelong Bowling Lanes; Bakers Delight Pakington Street, De Grandi Cycle & Sport; Royal Geelong Yacht Club, Ferguson Plarre Bakehouses, Geelong's Gym & Barwon Water.

Please support our sponsors.



Greg McDonald CEA (REIV)

Director - Sales Executive - Auctioneer
REIV Accredited

M 0418 551 435

P 03 5228 3333

F 03 5222 5543

E greg@mcdonaldco.com.au

mcdonaldco.com.au

187A Moorabool Street, Geelong, VIC 3220